ESPA Express Facial 30 minutes
A great facial for ladies on the go, includes power cleanse, exfoliation, mask with relaxing scalp massage and moisturise.

ESPA Aromatherapy Facial 60 minutes
A purifying and cleansing face treatment using a gentle skin polish, lymph drainage, pressure point massage and specific active aromatherapy products to help balance the skin. Includes a scalp massage.

ESPA Skin Radiance Facial 60 minutes
A brightening facial for dull, sluggish and lifeless skin. Using the ESPA Skin Brightener to provide instant and long-term radiance. Includes a scalp massage.

ESPA Regenerating Facial 60 minutes
An intensive boost for dry or maturing, stressed or distressed skin, products from the ESPA Concept range are included in this facial to give concentrated protection and nourishment. This treatment works particularly well to help combat the signs of premature ageing and environmental stresses. Concentrating on regenerating, firming and nourishing, the facial leaves the skin fresh, revitalised and toned.

ESPA Rebalancing Facial 60 minutes
Stress, hormonal imbalance, diet or an ineffective skin care regime can cause skin to become irritated and problematic. This facial uses natural aromatherapy products to decongest and revive. Includes a scalp massage.

ESPA Deluxe Facial with Firming Eye Treatment 75 minutes
Specifically designed for mature, dry or dehydrated skins, this facial concentrates on reviving the skin’s natural moisture and pays particular attention to the delicate eye area, helping to minimise the appearance of fine lines.

ESPA Rehydrator Facial 60 minutes
An intensive boost which is superb for dry, dehydrated, stressed or tired complexions. This treatment includes a nourishing facial mask to drench your skin with moisture, whilst enjoying a relaxing head massage.

ESPA Regenerating and Firming Eye Treatment 25 minutes
Designed to combat the effects of premature ageing and stress to the eye area. Specialised massage techniques and specific products help reduce the appearance of fine lines and puffiness.
ESPA Holistic Total Body Care Treatment
90 minutes / 105 minutes with stone therapy*
This body treatment begins with full body brushing and exfoliation, followed by a deeply relaxing aromatherapy massage and therapeutic scalp massage. Relaxation is intensified with warm, smooth stones.

ESPA Holistic Aromatherapy Back, Face and Scalp Treatment
90 minutes / 105 minutes with stone therapy*
A pure aromatherapy facial combined with deep scalp and back massage to restore and rebalance. Try with warm stones for maximum relaxation.

ESPA Restorative Mud Envelopment 60 minutes
A therapeutic treatment ideal for aches and pains and superficial skin problems using marine mud rich in trace minerals. Includes skin brushing, a full body exfoliation and a deep scalp treatment to help ease tension.

ESPA Stimulating Hip and Thigh Treatment 60 minutes
A highly stimulating treatment to boost the circulation and to help reduce the appearance of cellulite on the problematic hip and thigh area. Leaves skin feeling soft, smooth and supple. A course of treatment is recommended to maximise the effect.

ESPA Pre Natal Treatment 90 minutes
This total body treatment has been carefully designed for pregnant and nursing mothers to take account of all contraindications and aid in relaxation and tonicity of the skin during this very special time. The treatment avoids the use of essential oils as advised by the Aromatherapy Organisation Council and is a luxurious treat using a Calendula infused oil, various muds and creams and advanced massage techniques to safe areas. It leaves the skin toned and you are totally relaxed.

ESPA Detoxifying Algae Wrap 60 minutes
This therapeutic, balancing and detoxifying treatment involves skin brushing, gentle exfoliation and algae in rich minerals and enzymes. Designed to ease away tension, helps boost the metabolism and speed up the elimination of toxins. Includes a full scalp treatment for total relaxation.

ESPA Life Saving Back Treatment 45 minutes
A decongesting, rebalancing and relaxing back treatment including exfoliation and an application of warm marine mud to help maintain healthy skin on the back.

ESPA Salt and Oil Scrub 30 minutes
Choose to be either invigorated or relaxed with this pure sea salt and essential oil scrub. Leaves the skin deeply exfoliated and moisturised.

*Hot Stone treatments subject to availability.
Clarins Aromatic Balancer Facial  60 minutes
An ideal introductory facial to ascertain your skin care needs and concerns. A sensory experience that leaves you with super soft, glowing skin.

Clarins Extra Relaxing Aromatic Facial  75 minutes
An indulgent, pampering experience, commencing with a back massage after which the skin is treated to the aromatic balancer facial.

Clarins Triactive Facial  90 minutes
• Youth Booster (over 50’s)
• Skin Firmer Facial (over 40s)
• Thirsty Skin Soother
• Radiance Ritual Facial
• Triactive Oily Skin Rescuer Facial

If you are looking for intensive skin treatment, a totally luxurious experience and remarkable results, Clarins Triactive take skin care to a new level. All Clarins Triactive Facials start with four-phase cleansing and exfoliating to prepare the skin for the specialised application of the triactive formula. Using a clever lift off facemask to help boost circulation and stimulate cellular activity. This facial also includes a luxurious hand and scalp massage.

Clarins Refresher Facial  30 minutes
Take time out and give your skin an instant boost with this mini facial. Ideal before a special occasion or just to treat yourself and your skin.

MAKE-UP
Clarins Make-up One to One  75 minutes
Trying different colours and application techniques under expert guidance will help you achieve a fresh flattering new look. Whether you want a whole new make-up look or ideas for a special occasion, using Clarins make-up we can help inspire you.

Clarins Make-up To Go  45 minutes
Book in for an express make-up where you choose the shades from our latest colour collections and head straight out for your special occasion looking gorgeous.
THE CLARINS SPA EXPERIENCE AT NIZELS
FEELING STRESSED, TIRED OR LETHARGIC?
NEED TO CHILL OUT AND UNWIND?
WANT TO BOOST YOUR ENERGY LEVELS?
DESERVE SOME INDULGENT PAMPERING?
THEN TREAT YOURSELF WITH THE CLARINS SPA EXPERIENCE.

Clarins Mother to Be  70 minutes
The Clarins luxurious pre and post-natal face and body treatment offers the ultimate indulgent pampering for pregnant and nursing mothers. Professionally developed alongside doctors and paediatricians. Whilst treating muscular aches, fluid retention, stress and fatigue it also maintains skin tone and elasticity to prevent stretch marks, enliven your senses and boost your energy levels.

Melting Honey Hot Stone Massage  60 minutes
A deeply relaxing and rebalancing massage using 9 individually shaped marble and slate stones. A melting gel, rich in either relaxing or invigorating aromatic essential oils is used with the stones to help eliminate toxins, release tension, relax and soothe aching muscles.

Clarins Aromatic Body Polisher  40 minutes
Skin is buffed, polished and exfoliated with a revitalising body scrub that’s massaged over the skin using The Clarins Touch. This top-to-toe exfoliation leaves you feeling revived and uplifted, and an application of body lotion leaves the skin super-smooth and radiant.
FEELING STRESSED, TIRED OR LETHARGIC?

NEED TO CHILL AND UNWIND?

TREAT YOURSELF WITH A MASSAGE TO SUIT YOUR MOOD.

ESPA Aromatherapy Massage  75 minutes
Deeply relaxing full body and scalp massage using exquisite products from the ESPA range to leave you feeling wonderfully relaxed and rebalanced.

Full Body Massage  60 minutes
A tension relieving massage to help with muscular aches and pains.

Back Massage  30 minutes
A relaxing and soothing massage to help iron out all those knots and muscular discomfort.

Stress Relieving Massage  45 minutes
For those who want a little longer than half an hour, choose to have the extra time on your scalp for a truly stress relieving experience.

ADVANCED TREATMENTS

Back Massage with Hot Stones  30 minutes
An intense, warming and deeply relaxing back massage helps ease physical tension with the use of warm, smooth basalt stones.

Full Body Massage with Hot Stones  60 minutes
A full body massage incorporating the use of warm, smooth stones to ease muscular discomfort and leave you feeling soothed and relaxed.

Reflexology  60 minutes
Reflexology is a science which deals with the principle that there are reflexes in the feet relative to each and every organ and all parts of the body. Stimulating these reflexes properly can help many health problems in a natural way. A few examples: anxiety, asthma, digestive problems, fatigue, heart and circulatory conditions, IBS, migraines and stress.

Indian Head Massage  45 minutes
An Alternative Holistic massage to relieve tension from the head, neck and shoulders. Calms and deeply relaxes the mind, body and spirit.

Thai Foot Massage  60 minutes
This is a very relaxing and balancing treatment of the feet and lower legs. This treatment works on pressure points of your feet to stimulate, encourage your body and mind to balance as well as activating your body’s natural healing mechanism.
Jessica Manicure  45 minutes
Jessica manicure treats the cuticles and specific nail types, incorporating a hand massage and an application of your chosen polish including French.

Jessica Spa Manicure  60 minutes
A luxury manicure including cuticle work and the use of thermal mittens to nourish and hydrate the hands. The treatment is followed with an application of your chosen polish, including French polish.

Jessica Pedicure*  60 minutes
Incorporating hard skin removal, exfoliation, cuticle tidy and a relaxing foot massage. Using Jessica ZenSpa products leaves feet feeling refreshed and toes polished.

Jessica Aroma-Spa Pedicure*  75 minutes
A moisturising treat for the feet. Involves thermal booties and an invigorating foot mask to leave feet feeling tingly and revitalised. Includes hard skin removal, cuticle work and your choice of colour.

File & Polish (hands or toes)*  30 minutes

Jessica GELeration
GELeration Soak off Gel Polish is a unique gel in a bottle that is applied like a polish with the durable strength of a gel. Available in Jessica’s best selling Custom Colours, GELeration lasts for more than two weeks with no chipping, peeling, smudging or fading and is easily applied or removed by a Jessica nail technician. Created by Jessica, GELeration is the first soak off gel product to enable women to easily transition between gel and natural nails and to protect natural nails as they grow under the gel.

GELeration Manicure  60 minutes
This manicure not only pays attention to the cuticle area but also includes shaping of the nails and an application of Jessica soak off GELeration polish lasting for up to two weeks.

GELeration Pedicure  75 minutes
This pedicure includes hard skin removal, exfoliation with JESSICA ZenSpa products and cuticle work. Finishing with an application of JESSICA soak off gel polish.

GELeration File & Polish (hands or toes)  45 minutes
A file and shape of finger nails or toes nails and an application of GELeration polish.

GELeration Removal  30 minutes
We recommend you have your GELeration polish removed professionally, you can choose whether to have it reapplied or just go back to your natural nails.

* We suggest you bring open toe shoes with you and avoid heat treatments when having a pedicure.
**EYE ENHANCEMENT***

- **Eyelash Tint** 30 minutes
- **Eyebrow Tint** 15 minutes
- **Eyelash and Eyebrow Tint** 30 minutes
- **Eyebrow Shape** 15 minutes

* Please note if you haven’t had an eyelash or eyebrow tint at aura before, it is essential you have a patch test at least 24 hours before your treatment.

**Eyelash Extensions**
From leading brand i-lashdesigner, are individual polyester strands that are shaped to mimic the human eyelash. They attach to the existing eyelash one by one to create noticeable extra length and volume. With regular maintenance the false eyelashes can last up to 2 months.

- **Eyelash Extensions** 105 mins
- **Infills** 60 minutes
- **Half Set** 60 minutes

**WAXING***
A temporary, yet popular, quick and effective method of hair removal. For standard waxing we use Tea Tree Cream wax and Tea Tree after wax.

- **Lower Half Leg** 30 minutes
- **Upper half leg (not inc bikini line)** 30 minutes
- **3/4 Leg** 30 minutes
- **Full Leg** 30 minutes
- **Full Leg and Bikini Tidy** 45 minutes
- **Full Leg with High Leg Bikini** 45 minutes
- **Half Arm** 30 minutes
- **Full Arm** 30 minutes
- **Chest** 30 minutes
- **Back** 30 minutes
- **Lip or Chin** 15 minutes
- **Lip and Chin** 15 minutes
- **Underarm** 15 minutes
- **Bikini Tidy** 15 minutes

(Waxes the hairs that show outside your underwear)

- **High Leg Bikini Wax** 15 minutes

(Takes the hair higher in at the side and tidies up underneath)

- **Full Leg and Bikini or Underarm** 30 minutes
- **Hollywood** 45 minutes
- **Brazilian** 30 minutes

**ELECTROLYSIS**
A safe and effective method of permanently removing unwanted hair. Blend is the most effective and up-to-date method of electrolysis causing the least discomfort.  
*Free Consultation & 5 / 10 / 15 / 20 / 30 minutes*

* Please avoid any heat treatments i.e. sun beds, sauna before and after any waxing for 24 hours.
CREATE YOUR OWN SPA DAY THAT WILL BE PERFECT FOR YOU.
IDEAL FOR THAT RELAXING DAY PAMPERING YOURSELF AND YOUR FRIENDS.
CONTACT THE TEAM TO CREATE YOUR SPA DAY PACKAGE.

**Stress Relieving Package  180 minutes**
- Clarins Personal Blend or Espa Aromatherapy Facial
- Full Body Massage
- Jessica Manicure or Pedicure

**Renewing Package  150 minutes**
- ESPA salt and oil scrub
- ESPA skin hydrator body wrap
- Manicure or pedicure

**Spa Day**
As a non-member, this package includes the use of our pool, sauna, steam and spa. You are also entitled to a light lunch from our Pulse bar including a glass of wine and tea and coffee throughout the day. To make your day extra special, choose one of the following treatments:
- Manicure
- Mini Facial
- Back, Neck & Shoulder Massage

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**TANNING**

**Air Brush Tanning**
For the best results we recommend you wax or shave 24 hours before your spray tan and thoroughly exfoliate and moisturise your face and body the evening before your treatment. On the day of your treatment we ask you to arrive with no creams, deodorant or make-up on as this may affect the development of your tan. It is also important that you do not swim or do anything that may cause perspiration after your treatment. You will leave with an instant colour on your skin called a colour guide. We recommend that you shower no sooner than 8 hours after your treatment to ensure the best results. The colour guide will wash off to leave you with your glowing tan. For long lasting results avoid swimming and perspiration, avoid hot showers or baths, pat your skin dry and moisturise daily.

**Fantasy Tan - Air Brush Tanning**
Comes in 3 shades to suit all skin types. The depth of colour develops with your own skin pigments to ensure you go no darker than you would do naturally.
- Full body  **30 minutes**
- Half body (either upper or lower)  **15 minutes**

**Clarins So Natural Self Tanner  60 minutes**
Ideal for anyone wishing to acquire an instant healthy tan at any time of the year. This treatment includes a full face and body exfoliation followed by an application of Clarins Self Tanning products.

**GIFT VOUCHERS**
For that perfect gift, aura gift vouchers are available.
ESPA Aromatherapy Face Treatment for Men  50 minutes
Specifically formulated for the male complexion, this treatment uses natural balms and oils to help purify, hydrate and revitalise the skin. Ideal for city dwellers, frequent air travellers and those with a stressful or hectic lifestyle.

ESPA Life Saving Back Treatment  45 minutes
A decongesting, rebalancing and relaxing back treatment including exfoliation and an application of warm marine mud to help maintain healthy skin on the back.

ESPA Golfer’s Remedy  60 minutes
This full body treatment is perfect either before or after exercise as it uses essential oils of Lavender, Rosemary and Clove to help increase circulation and warm muscles, preventing strains and relieving aches and pains. Ideal for anyone involved in sports, fitness or heavy physical work.

De-Stress Package  60 minutes
Aromatherapy back massage with fitness oil to warm and relax tight muscles. Followed by a luxury cleanse and facial massage to boost the complexion.

The Invigorator Package for Men  120 minutes
Experience total luxury with this package, designed to treat all your specific areas of tension to leave you feeling de-stressed and invigorated.

• Invigorating foot treatment includes hard skin removal, grooming of nails and a deep foot massage.

• ESPA holistic aromatherapy luxury back, face and scalp treatment.

Clarins Fitness Facial for Men  45 minutes
Skin is cleansed, toned and gently exfoliated before the face, neck and shoulders are treated to a relaxing massage. Leaves your skin feeling soothed, refreshed, healthy and smooth.

Manicure for Men  45 minutes
Treat your hands to a Jessica manicure using only the finest products to leave your hands and nails looking neat, tidy and feeling smooth.

Pedicure for Men  45 minutes
Hard skin removal is followed by a foot soak and a deeply relaxing foot massage. Includes cuticle work and grooming of nails leaving you feeling relaxed and your feet soothed.
<table>
<thead>
<tr>
<th>Treatment</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>Express Manicure</td>
<td>30 minutes</td>
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<tr>
<td>Pedicure</td>
<td>45 minutes</td>
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<tr>
<td>Half Leg Wax</td>
<td>30 minutes</td>
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<tr>
<td>Eyebrow Wax/Shape</td>
<td>15 minutes</td>
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<tr>
<td>Underarm / Bikini</td>
<td>15 minutes</td>
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<tr>
<td>Fresh Faced Facial</td>
<td>30 minutes</td>
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<tr>
<td>A gentle, refreshing facial ideal for young skin. Finishing with a touch of colour.</td>
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<tr>
<td>Cleansed &amp; Clarified Facial</td>
<td>45 minutes</td>
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<tr>
<td>A purifying facial ideal for teenage skin and skin prone to breakouts.</td>
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</tr>
<tr>
<td>Pretty Party Make up</td>
<td>30 minutes</td>
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<tr>
<td>Natural, pretty make up, ideal before a party.</td>
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<tr>
<td>Clarins Crash Course in Make up</td>
<td>45 minutes</td>
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<tr>
<td>A make up lesson for beginners or those wanting hints and tips.</td>
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</tr>
</tbody>
</table>

**Terms and conditions**

- The Parent/Guardian of any child under the age of 16 must remain on the Club premises at all times whilst the treatment is being carried out.
- Written permission for some treatments may be required from a Parent/Guardian prior to the treatment taking place.
- You must inform the therapist prior to your treatment commencing if you suffer from any medical conditions, allergies or are on any medication.
<table>
<thead>
<tr>
<th>Service</th>
<th>Duration</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Jessica GE Leration</td>
<td></td>
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<tr>
<td>GE Leration Manicure</td>
<td>60 mins</td>
<td>£42.00</td>
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<tr>
<td>GE Leration File &amp; Polish (hands or toes)</td>
<td>45 mins</td>
<td>£35.00</td>
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<tr>
<td>GE Leration Pedicure</td>
<td>75 mins</td>
<td>£47.00</td>
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<tr>
<td>GE Leration Removal</td>
<td>30 mins</td>
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<tr>
<td>Jessica Manicure</td>
<td>45 mins</td>
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<tr>
<td>Jessana Luxury Spa Manicure</td>
<td>60 mins</td>
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<td>Jessica Aroma-Spa Pedicure</td>
<td>75 mins</td>
<td>£40.00</td>
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<tr>
<td>Eye Enhancement</td>
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<tr>
<td>Eyelash Tint</td>
<td>30 mins</td>
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<td>Eyebrow Tint</td>
<td>15 mins</td>
<td>£11.00</td>
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<tr>
<td>Eyelash &amp; Eyebrow Tint</td>
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<tr>
<td>Eyebrow Shape</td>
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<td>Eyelash Extensions</td>
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<td>Eyelash Infills</td>
<td>60 mins</td>
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<tr>
<td>Eyelash - Half Set</td>
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<tr>
<td>Waxing</td>
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<tr>
<td>Half Leg Wax (lower)</td>
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<tr>
<td>Half Leg Wax (upper)</td>
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<tr>
<td>3/4 Leg Wax</td>
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<tr>
<td>Full Leg</td>
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<tr>
<td>Full Leg &amp; Bikini Tidy</td>
<td>45 mins</td>
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<tr>
<td>Full Leg &amp; High Leg Bikini Tidy</td>
<td>45 mins</td>
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<td>Bikini Tidy</td>
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<td>High Leg Bikini Wax</td>
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<td>Hollywood</td>
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<tr>
<td>Brazilian</td>
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<tr>
<td>Underarm</td>
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<tr>
<td>Half Arm Wax</td>
<td>30 mins</td>
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<tr>
<td>Full Arm Wax</td>
<td>30 mins</td>
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<tr>
<td>Back Wax</td>
<td>30 mins</td>
<td>£25.00</td>
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<tr>
<td>Chest Wax</td>
<td>30 mins</td>
<td>£25.00</td>
</tr>
<tr>
<td>Lip or Chin</td>
<td>15 mins</td>
<td>£9.00</td>
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<tr>
<td>Lip and Chin</td>
<td>15 mins</td>
<td>£13.00</td>
</tr>
</tbody>
</table>

**aura Angels**

- Express Manicure: 30 mins, £19.00
- Express Pedicure: 45 mins, £21.00
- Half Leg Wax: 30 mins, £13.00 (15 mins, £8.00)
- Underarm/Bikini Wax: 30 mins, £7.00 (15 mins, £4.00)
- Eyebrow Wax/Shape: 45 mins, £34.00
- Fresh Faced Facial: 30 mins, £21.00 (45 mins, £32.00)
- Cleansed & Clarified Facial: 30 mins, £21.00
- Pretty Party Make up: 30 mins, £21.00
- Clarins Crash Course in Make Up: 45 mins, £32.00

**Booking Information**

Appointments may be made by phone or in person. We recommend you book your appointment at least 10 days in advance and arrive five minutes before your appointment time in order to have time to relax and prepare yourself for your treatment.

All treatment times set out in this tariff are there as a guideline only. Times indicated include a consultation and time to enable you to prepare for and complete your treatment.

The relaxing environment we have in aura is created with your well being in mind, therefore we ask you to abide by club rules and switch your mobile phone off before entering the salon.

If you need to cancel or re-schedule your appointment, please make sure you give us at least 24 hours notice.

**Cancellation charges are as follows:**
- Less than 24 hours notice given - 50% cost of treatment cancelled
- No notice given - Full price of treatment cancelled

If you are booking an aura treatment and are currently on any medication, undergoing any medical treatment or are pregnant, please inform aura reception at the time of booking to enable us to inform you of the most appropriate treatments.

Gift vouchers are valid for 6 months from date of purchase and are nonrefundable. They must be presented prior to treatment.

If you are booking more than 2 hours of treatment time, you may be asked to pay a 50% deposit at time of booking.

Please be advised that due to health and safety, and consideration of others, children under the age of 14 are not permitted to enter aura.

Those aged between 14 to 16 must be accompanied by a responsible adult.

**Aura Packages**

All packages require a minimum of 10% deposit at least 72 hours prior to your package.

Please make all cheques payable to Nizels GOLF & COUNTRY CLUB

Direct Line 01732 834 415

**Our treatments are available:**
- Monday to Friday 9am – 8pm
- Saturday and Sunday 9am-7pm

Aura welcomes members and non-members alike
## ESPA Facial Treatments
- **ESPA Express Facial** 30mins £32.00
- **ESPA Aromatherapy Facial** 60mins £54.00
- **ESPA Skin Brightner Facial** 60mins £54.00
- **ESPA Rebalancing Facial** 60mins £54.00
- **ESPA Rehydrator Facial** 60mins £55.00
- **ESPA Regenerating Facial** 60mins £59.00
- **ESPA Regenerating & Firming Eye Treatment** 25mins £34.00
- **ESPA Deluxe Facial with Firming Eye Treatment** 75mins £65.00

## ESPA Body Treatments
- **ESPA Total Holistic Body Care** 90mins £68.00
- **ESPA Holistic Face & Scalp** 90mins £63.00
- **ESPA Restorative Mud Envelopment** 60mins £63.00
- **ESPA Pre Natal Treatment** 90mins £63.00
- **ESPA Life Saving Back Treatment** 45mins £47.00
- **ESPA Stimulating Hip & Thigh Treatment** 60mins £58.00
- **Course of 6 with 6th treatment free** 360mins £290.00
- **ESPA Detoxifying Algae Wrap** 60mins £63.00
- **ESPA Salt & Oil Scrub** 30mins £32.00

## Purely Massage
- **ESPA Aromatherapy Massage** 75mins £63.00
- **Full Body Massage** 60mins £55.00
- **Back Massage** 30mins £35.00
- **Stress Relieving Massage** 45mins £42.00

## Purely Massage ~ Advanced Treatments
- **Back Massage with Hot Stones** 30mins £40.00
- **Full Body Massage with Hot Stones** 60mins £60.00
- **Reflexology** 60mins £40.00
- **Indian Head Massage** 45mins £38.00
- **Thai Foot Massage** 60mins £40.00

## CLARINS Facial Treatments
- **Clarins Triactive Facial** 90mins £65.00
- **Clarins Aromatic Balancer Facial** 60mins £53.00
- **Clarins Extra Relaxing Aromatic Facial** 75mins £68.00
- **Clarins Face Refresher** 30mins £32.00
- **Clarins Make-up One to One** 75mins £42.00
- **Clarins Make-up To Go** 45mins £40.00

## CLARINS Body Treatments
- **Clarins Mother To Be** 70mins £58.00
- **Melting Honey Hot Stone Massage** 60mins £60.00
- **Clarins Aromatic Body Polisher** 40mins £40.00
- **Clarins So Natural Self Tanner** 60mins £50.00

## Men
- **ESPA Aromatherapy Face Treatment for Men** 50mins £53.00
- **ESPA Life Saving Back Treatment for Men** 45mins £47.00
- **ESPA Golfers Remedy** 60mins £53.00
- **De-Stress Package** 60mins £63.00
- **Invigorator Package for Men** 120mins £90.00
- **Manicure for Men** 45mins £30.00
- **Pedicure for Men** 45mins £30.00
- **Clarins Fitness Facial for Men** 45mins £53.00

## Packages
- **Stress Relieving Package** 180mins £115.00
- **Renewing Package** 150mins £115.00
- **Spa Day** 1day £63.00

## Fantasy Tan - Air Brush Tanning
- **Half body - either upper or lower** 15mins £19.00
- **Full Body** 30mins £30.00

## Electrolysis
- **Free Consultation and initial 5mins £14.00**
- up to 10mins £16.00 / up to 15mins £19.00
- up to 20mins £20.00 / up to 30mins £23.00
Our treatments are available

Monday to Friday
9am – 8pm

Saturday and Sunday
9am-7pm

Direct Line to aura 01732 834415

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